Little Umbrellas Day!



Little Umbrellas Resource Kit

A collection of activities and resources for your child to enjoy as you work from home together.

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Resources for Your 'Little Umbrellas' While You Work from Home

On the fourth Thursday of April each year, the children of Travelers employees visit our offices to learn about our company, insurance, technology, security – even yoga and ballet. But for many parents working at home alongside their school-aged children, every day is Take Our Daughters and Sons to Work Day[®].

Travelers is a proud participant in this nationally recognized day in the U.S. The Take Our Daughters and Sons to Work Foundation has postponed this year's event because of COVID-19. To celebrate the spirit of the day, we've put together a toolkit to help parents support the educational and development needs of their school-aged children. Our Little Umbrellas Resource Kit contains links to educational activities, from articles to virtual tours, as well as a "time capsule" activity booklet.





Let's Take a Virtual Field Trip!



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Į.	J.S. History Virtual Tours (Ages 8 – 1	2+)
Ellis Island	Embark on an interactive tour of Ellis Island by reading more about its history, looking at photos and listening to audio.	http://teacher.scholastic.com/activities/im- migration/webcast.htm
Liberty Bell	Explore a 360-degree view of the Liberty Bell while engaging and reading more about its history.	https://historyview.org/library/liberty-bell/
Mount Vernon	Explore a 360-degree view of Mount Vernon while reading more about its history.	https://virtualtour.mountvernon.org/
	Travelers Tower Tour (All Ages)	
Travelers Tower	Explore a 360-degree view of Travelers Tower in Hartford, CT.	https://www.youtube.com/ watch?v=S9ppTzF5TVk
	Museum Virtual Tours (12/13+)	
Smithsonian	Take a self-guided, room-by-room tour of the Smithsonian, National Museum of Natural History.	https://naturalhistory.si.edu/visit/virtual-tou
	Virtual Tours of Space (Ages 8-12+)
International Space Station	Watch a few videos for a tour of the International Space Station.	https://www.nasa.gov/mission_pages/ station/ main/suni_iss_tour.html
Explore Mars	Explore the surface of Mars on the Curiosity rover.	https://accessmars.withgoogle.com/
Space Shuttle Discovery	Step aboard the Space Shuttle Discovery with Google's 360-degree view.	https://www.cnet.com/news/step-aboard- the-space-shuttle-discovery-with-googles 8k-virtual-tour/
Live C	ameras from Zoos and Aquariums (All Ages)
San Diego Zoo	Check out different live views of animals at the San Diego Zoo.	
Monterey Bay Aquarium	Take a peek at 10 different live views at the Monterey Bay Aquarium.	https://www.montereybayaquarium.org/ animals/live-cams
Zoo Atlanta	Check out the Panda Cam at Zoo Atlanta.	https://zooatlanta.org/panda-cam/
Houston Zoo	Explore seven different live views at the Houston Zoo.	https://www.houstonzoo.org/explore/ webcams/
Georgia Aquarium	Check out the jellyfish, beluga whales and more at the Georgia Aquarium.	https://www.georgiaaquarium.org/webcam beluga-whale-webcam/

Find more tours and activities at https://virtualschoolactivities.com/





My Virtual Field Trip Log



Name	Date
Today I took a field trip to	
Description	
I would give this trip/5 stars	

What I learned	Draw your favorite part
1.	
2.	
3.	



Let's Talk Science



Science (Ages 4+)

Science (Ages 4+)		
Mystery Science	Watch videos based on questions submitted by children. Learn who invented pizza or why polar bears are white. Videos range from five to 45 minutes.	https://mysteryscience.com/school-clo- sure-planning
Generation Genius	Join the Dancing Scientist and gang as they learn about science. The videos in this digital library are geared toward grades K-5. Each video comes with a breakdown of lesson materials to take the learning to the next level.	https://www.generationgenius.com/science- videos-for-kids/
ScienceBob	Roll up your sleeves for science experiments you can do as a family. Each experiment takes you through the materials needed, how to conduct the experiment and the science behind it.	https://sciencebob.com/
E-learning for Kids	Self-described as a "Free and fun digital education for all children worldwide," this is a great source of independent learning through interactive prompts. Activities are grouped by grade level (K-6) and cover the following: Math Science Environmental Skills Commuter Skills Health Language Arts Life Skills	https://en.e-learningforkids.org/



Let's be Creative



Art Lessons (Ages 5+)

Online Art Classes	Brush up on your art skills with these YouTube-guided painting, drawing and clay activities.	https://www.youtube.com/channel/UC2nzX- 48Ucr1MIEpgofCOJ6A/videos?disable_poly- mer=1
	Music and Mindfulness (All Ages)	
Music and Mindfulness	Let loose with online dance parties, yoga and more. Note: Must use Google Chrome	https://www.gonoodle.com/good-energy-at- home-kids-games-and-videos/





Reading 💷

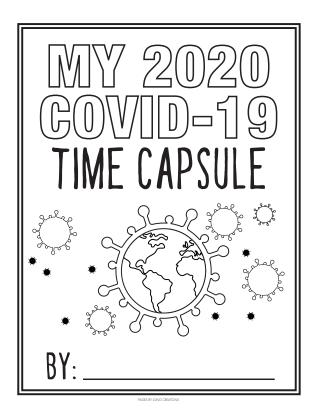


Ages 2-5

	Ages 2-5	
Brightly Storytime	Join Ms. Linda to read popular children's books. Videos range from five to 40 minutes of reading.	https://www.youtube.com/channel/UCvQag FNHMrGgQpYunk4rHXg/featured
Story Time from Space	Join astronauts on board the International Space Station to read space-themed books. Videos range from nine to 20 minutes of reading.	https://storytimefromspace.com/library
StoryPlace	Follow along with these fun activity guides/books.	https://www.storyplace.org/activity-library
Oxford Owl	Find free eBooks in this library.	https://www.oxfordowl.co.uk/for-home/ find-a-book/library-page/
Epic	Enjoy this large digital library with free access for 30 days.	https://www.getepic.com/
	Ages 6-11	
Storyline Online	Join celebrities as they read famous children's books to you. You can download the app for a better experience.	https://www.storylineonline.net/
Oxford Owl	Find free eBooks in this library.	https://www.oxfordowl.co.uk/for-home/ find-a-book/library-page/
Epic	Enjoy this large digital library with free access for 30 days.	https://www.getepic.com/
Travelers History	Learn about Travelers' 100-year history.	https://www.travelers.com/about- travelers/travelers-history/travelers- tower-anniversary



A Good Time to Journal



A free download of the "My 2020 COVID-19 Time Capsule" is available at: https://s3.letsembark.ca/long-creations/2020-COVID-19-Time-Capsule-EN-US.pdf

If you have a printer and home computer, you can download this printable, kid-friendly journal for your child to record how they are feeling, what's happening at home and in their communities. It contains 11 pages of activities, including an exercise to write a letter to their future selves.



A Good Time to Draw and Write

Draw a picture of your Mom or Dad's work at home setup:



Draw a picture
of your Mom
or Dad's new
colleagues
(make sure
to include
yourself,
siblings, pets,
and anyone
else!)



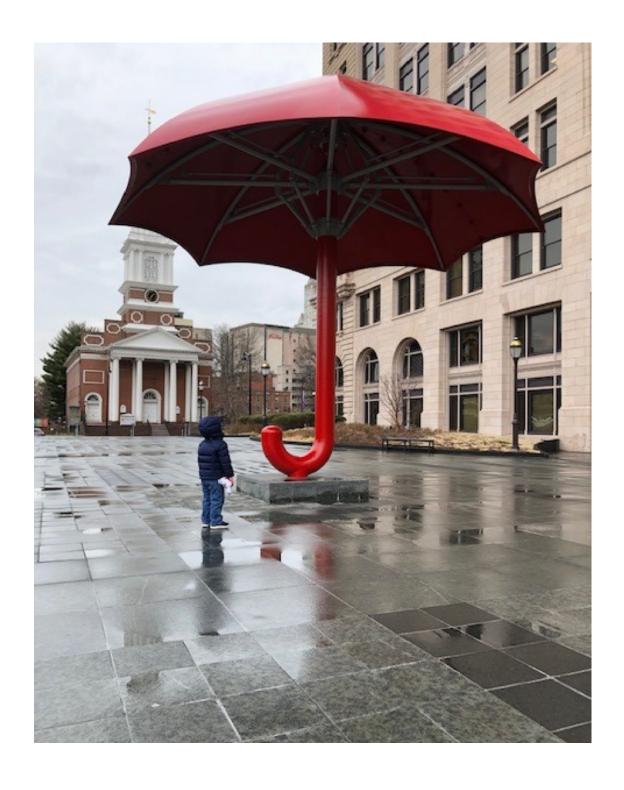
Drawing is a good way for your children to express and learn. You may want to consider having them draw a picture of your work-at-home setup and your new "work team" that can include you, your family, even the family pet.

You can even have them fill in the blanks to questions, like these writing prompts:

- 1. My mom or dad is a: [job role]
- 2. What is the best part of their job?
- 3. Would you like to do this job? (Why or why not?)
- 4. How does their job help the community?
- 5. What do you want to be when you grow up?
- 6. What do you love doing that makes you feel happiest?
- 7. What do you know how to do that you can teach to others?
- 8. Of all the things you are learning in school, what do you think will be the most useful when you grow up?
- 9. What are you most grateful for?
- 10. How can you help someone else today?



We look forward to seeing you all again soon!







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